Knitting Nuances

Caliente Shell

*Introducing the Flat i-Cord! The perfect strap
for this fabulously fun summer shell.*

What's Inside . . .

‣ Detailed pattern with Written Instructions & Charts

‣ Knitting techniques including the Resilient Cast On, 2-Color Resilient Cast On, Double Showy Decrease & Flat i-Cord

Online Extras . . .

‣ Pattern links to online tips, Photobucket pictures & blog posts

‣ PDF pattern pages and chart files to load onto your phone or tablet

‣ Free tutorial downloads for all Nuances

A project perfect for hot summer days and warm sunsets.

One or two color Resilient Cast On option.

The Interactive Knitting Pattern

- **You're Connected** with links throughout the PDF file taking you to additional online information; more project details, free tutorial downloads & photos.

- **It's portable;** download PDF file onto your computer, laptop or phone & take us along. Chart files are also downloadable.

- We blogged about it! Read about it here.

- Not familiar with the Showy Decrease? You can read more about them on the "Getting Started" page in our blog.

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From the Designer

I love 'ta da' moments and definitely enjoyed one when first designing the Flat i-Cord. I knew within the first few inches that they would be perfect for shell straps and started picturing in my mind all the options. It's one of my favorite moments in design … that first glimmer of an idea that actually works (I have many ideas that sound great but don't pan out) followed by the exploration of possibilities.

These Flat i-Cord straps are the perfect combination of form and function. The braided Flat i-Cords are unique and also cover any bra or tank straps. There are more Knitting Nuances built into the pattern as well: a pretty Resilient Cast On that works perfectly on curves and the raised chevron pattern with clean continuous lines thanks to the Showy Central Double Decrease.

Laura C

More Flat i-Cord options are available in the Iquitos Scarf Pattern.

Customizing Sizes

The shell is knit with a close fitting lower body & increases under the bust. The standard instructions are for 5 sts each cup or 10 stitches total (+2").

You can customize the sizes by adjusting the number of sts added at the base of the bust line. If you'd like a little more room in the bust, add a few more sts to each side. I recommend you also add at least an inch to the top height as well. We have included the increase instructions for +1" and +3" on the chart page on page 8. Eliminate the increase on the small and you have a XS 32".

Finished Measurements			
	Body Width	Bust Width	Base Height
Small	32"	34"	13"
Med	34"	36"	14"
Large	36"	38"	15"
XL	38"	40"	15"

Reference Sheet

Gauge	Notions
20 stitches = 4" in stockinette	‣ US #5-7 (3.75 - 4.5 mm) as needed for gauge. Extra for 3-needle bind off. ‣ Tapestry needle ‣ Optional: 2-3 feet of ¼ elastic, 2 safety pins, needle and thread (optional)

Yarn

Pink/Orange: Rowan Softknit Cotton (92% cotton, 8% polyamide), 50g = 115 yds

Green/Blue: Cascade Pima Silk [50% Cotton, 50% Silk; 50g = 109 yds

Yellow/Rust: Cascade Pima Tencel [50% Cotton, 50% Tencel; 50g = 89 yds

Sadly, Cascade has discontinued these 2 yarns but they are still available online. Other cotton blends would be fine.

Approximate Total Yardage: 460 (520, 575, 640) yds
‣ Straps take about 70 yds. CC color top (110, 120, 130, 140) yds
‣ CC on only i-cord bind off and straps = 1 ball. With CC top = 2 balls

Adding Elastic to i-Cord Bind Off (optional)

Once you've bound off, try the top on. If the top edge gaps, you can run an elastic cord through the i-cord (using a safety pin to push it along).

‣ When you reach the other end, push the safety pin with elastic through the end of the i-cord so a bit of elastic sticks out.

‣ Estimate the length of the elastic and pin in place. Try on and make any adjustments necessary. Put a safety pin on the other side and allow it to pull back into the knit i-cord.

‣ Put the 4 i-cord sts back on needle and bind off leaving tail.

‣ Use the pin to pull the end out the end of the i-cord and sew 2 ends together with a needle and thread. Use the tail to connect knit ends and hide the elastic.

Resilient Cast On Tip

‣ Use yarn from 2 balls or each end of one ball to avoid issues related to having a tail that is not long enough. Tie a slip knot to get started but pull it off at the end.

‣ The 'knit' side of the long tail cast on faces you as you cast on, and continues to face you when you slide sts to the other end of the circular needles to work the psso row. Since we want the nubby edge to show, this is the 'wrong' side so you'll start by knitting a right side row before you join. This next row with its slip stitches is important to take out some of the bulk of the additional cast on sts.

Table Abbreviations

k , p	knit or purl
k2tog	knit 2 together
ssk	slip 2 sts, one at a time as if to knit. Then knit them tog through back loop.
sl1	slip as if to purl with yarn in back
sl1wyif	slip as if to purl with yarn in front
yo	yarn over
k1f&b	knit into the front then back of same st.
cdd	sl2 sts tog as if to knit, k1, pass 2 slip sts over.

Chart Legend

☐	**knit**	knit stitch
⊡	**purl**	purl stitch
⟋	**k2tog**	Knit two stitches together as one stitch
⟍	**ssk**	Slip one stitch as if to knit, Slip another stitch as if to knit. Insert left-hand needle into front of these 2 stitches and knit them together
⋀	**Central Double Dec**	Slip first and second stitches together as if to knit. Knit 1 stitch. Pass two slipped stitches over the knit stitch.
V	**slip**	Slip stitch as if to purl, holding yarn in back
⊡	**yo**	Yarn Over
■	**No Stitch**	Placeholder - No stitch made.

All sales from all Flat i-Cord pattern go to support our charity. Thanks!